



Line Design

Sample Lesson Plan: Beginner Line Design



Therapeutic Art Instruction for Children
and Adults with Disabilities



Lesson Overview

Line Design Sample Lesson

This sample lesson offers a glimpse of a typical lesson plan. This lesson offers instruction for making a basic, simple line and color design on a beginner level. Lessons are offered on a beginner, intermediate and advanced level for each artist as their skills improve. Each level increases steps and skills as the artist builds skills. Each lesson contains a materials list and description, a tips sheet, a lesson plan, and adaptive approaches for breaking down each step of the lesson to completion.





How to Use Lessons

Art Lessons and Adaptive Strategies

Art lessons include a basic step-by-step description to teach and complete the project. It also includes two different approaches to break down the steps even more to assist in teaching the artist. Since each artist is unique in their abilities and needs, these adaptive strategies are offered as an added resource. Choose the techniques and steps that may work best with the artist you are working with.

Step 1:

Read through the art materials description and art lesson tips sheet for helpful hints before starting the art lesson with the artist.

Step 2:

With the artist, follow the steps in the lesson plan to complete the project.

Step 3:

If the artist is struggling with the steps or concepts of the art lesson repeat the lesson using the two adaptive approaches: Demonstration and Collaboration. Continue to repeat the art lesson with the artist adjusting and experimenting as needed to build skills.



Materials Needed

Oil Pastels

Oil Pastels are similar to regular crayons but are much more vibrant and have a surface that is more waxy. They can be layered on top of each other and create different intensity when colored darker or lighter.



Oil pastels can range in price. Some brands are expensive but they can be found for a reasonable price in most art or craft supply stores. Another name for oil pastes are “Cray Pas”. You may find the packages labeled this way.



One downfall of oil pastels is that they can break easily. You can still use broken pieces. Some pastels are thicker and may be easier for artists with limited fine motor skills or limited hand control.

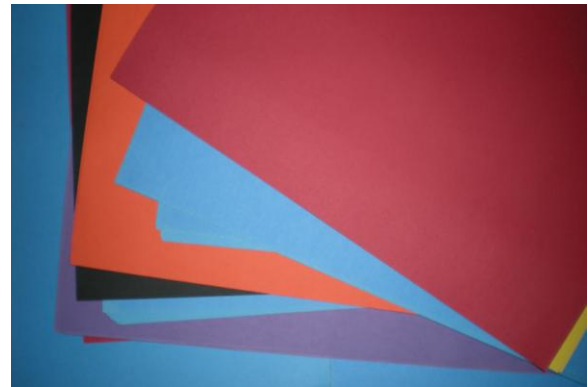




Materials Needed

Colored Paper

Using colored paper creates an added interest to art projects. Colored construction paper is a good option. All materials can be used with it.



Using colored paper adds an extra layer to a design. White paper can also be used. Whatever is available works. Using paint on construction paper can initially cause the paper to wrinkle. However, it will dry and still have a nice look.

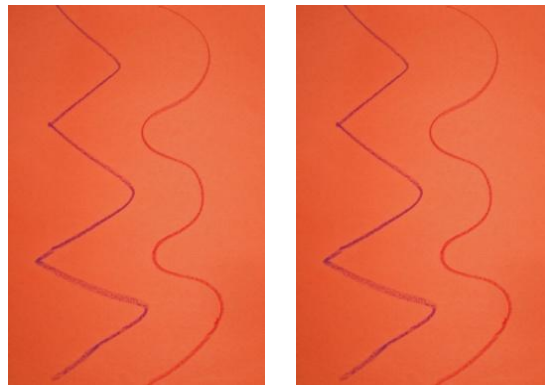
Depending on the quality of the colored construction paper, colors can fade after a while.



Line Design

Sample Lesson: Tips Sheet

1. Before starting this project work with the artist to practice different kinds of lines. Choose a sheet of paper. Have the artist choose a sheet of paper. Draw different types of lines on the paper. (Zig Zag, wavy, curved, straight) Have the artist practice drawing these types of lines on their paper. Experiment with shorter lines going in different directions. Encourage the artist to experiment.



You

Artist

2. As the artist is completing the project they can repeat it to increase their independence. Even the basic face lesson may be too difficult for the artist. If the artist is struggling with the project have the artist complete a smaller amount of steps. Example: Have the artist complete just the steps that teach features. Add all of the steps as the artist becomes more proficient.

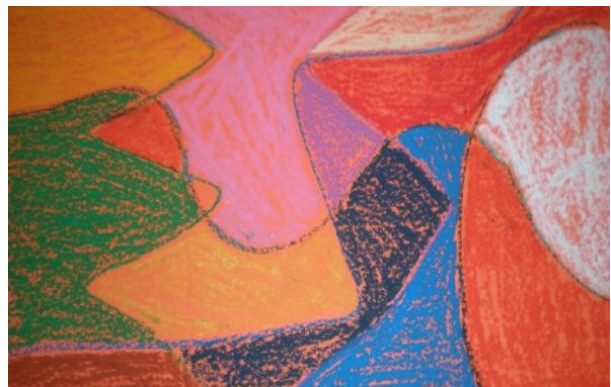


Line Design

Sample Lesson

Materials: colored paper, oil pastels, tape

1. Have the artist choose a piece of colored paper. Tape the paper down to a work surface.
2. Have the artist choose an oil pastel and start drawing lines on their paper. Remind them to think about all of the different lines they can draw and encourage them to overlap the lines and to fill the whole page.
3. Have the artist color in all of the shapes that they have created with the lines using different colors.





Line Design

Demonstration Approach

Sample Lesson

In the “Demonstration Approach “ you will do the project with the artist. You will complete each step on your project and the artist will observe and complete the step on their project.

For many students observing someone actually doing the art step helps them understand how to do the step themselves. The goal of this is not to have the artist “copy” or completely mimic what your creation looks like it is simply a guide to help them complete their own picture that will look unique to them. (Photo’s shown in this technique are only used as an example to explain the technique but the artists work generally will look different from yours and not an exact copy of your work.)

Some artists will make a creation that looks like they “copied” your project. Repeat the project and encourage them to experiment with their own ideas to create their own design on the paper. As they learn how to use the materials and put their own interesting designs together give them less and less support as they become more independent.

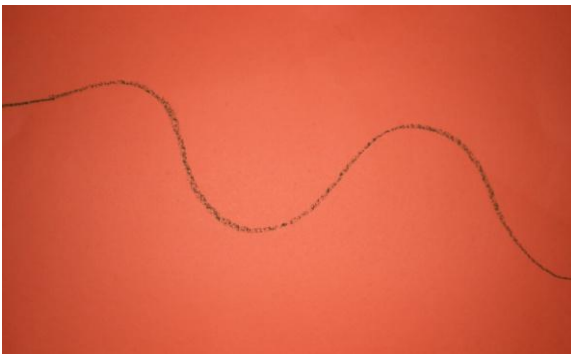


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Demonstration Approach

Sample Lesson

1. Choose a piece of colored paper. Have the artist choose a piece of colored paper. Tape the paper to the work surface. Choose an oil pastel and draw a wavy line on your paper. Have the artist draw a wavy line on their paper.

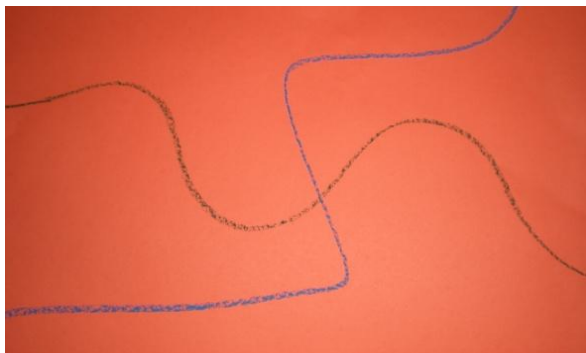


You

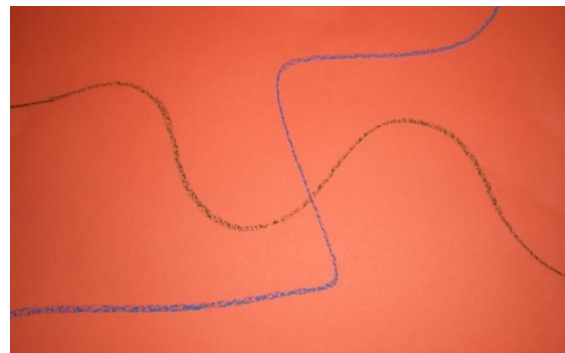


Artist

2. Choose another oil pastel and draw another line on the paper. This line can go over the other line. Have the artist choose another oil pastel and draw another line on their paper.



You



Artist



3. With different colored oil pastels, color in a few sections on the paper created by the lines. Have the artist do the same on their paper.



You



Artist

4. Finish coloring in the rest of the sections with different colors. Have the artist do the same on their paper.



You



Artist



Abstract Faces

Collaboration Approach

Sample Lesson

In the “Collaboration Approach” you and the artist work as “partners” to complete the project. You start with one step and the artist completes the next step. Some artists need the steps broken down this way to learn and build skills.

Repeat the project and as the artist learns skills encourage them to complete more steps independently and on their own. As the artist continues to do the project again reduce the amount of steps you do with the artist. Encourage the artist to do the steps by themselves.

Adjust the art lessons for your individual artist. If the artist is struggling with the steps of the lesson simplify it . Example: Have the artist complete only the first steps of the lesson and call it complete. Artist can try again and repeat the project and as skills increase continue on to the next steps etc....

Have the artist repeat the lesson and as the artist becomes more independent have them experiment with their own ideas and ways of drawing the face.



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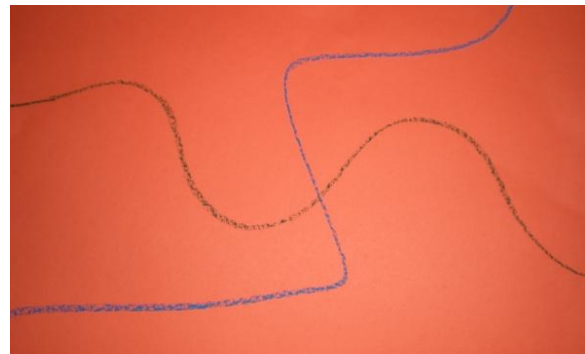
Collaboration Approach

Sample Lesson

1. Have the artist choose a piece of colored paper. Tape the paper down to the work surface. Choose an oil pastel and draw a wavy line on the paper. Have the artist choose an oil pastel and draw a wavy line on the paper.



You



Artist

2. Choose another oil pastel and draw another line on the paper. Have the artist choose another oil pastel. Have the artist draw another line on the paper.



You



Artist



3. With different colored oil pastels color in a few sections of the design created by the lines. Have the artist finish coloring in all of the sections on the design.



You



Artist



Other Lessons and Resources

For more lessons and tools to help, ArtShop offers practical approaches to facilitate art exploration, lay down a foundation for artists to learn fundamental skills, and become more independent in creating original artwork.

All ArtShop art lessons are based on insights and techniques which were developed successfully for children and adults with disabilities.

ArtShop

1043 Grand Ave.
P.O. Box 255
St. Paul, MN 55105

612-254-
5013 service@artshoptherapy.com